

# Driving Times

Regulation (EC) No. 561/2006 applies in conjunction with Regulation (EU) No. 2020/1054 of 15/07/2020. This applies to drivers of commercial goods transport with vehicles/vehicle combinations weighing more than 2.8 tons of permissible gross weight, including trailers.

**Definition of driving time:** This includes all times during which a driver is actually driving a vehicle. This also includes short waiting times at traffic lights, railway crossings, traffic jams, etc.

**9 hours**

**2x per week  
10 hours**

**45 minutes**

**or**

**15 minutes +  
30 minutes**

**56 hours**

**90 hours**

**Daily driving  
time**

**Driving time  
break**

**Weekly driving  
time**

**Double  
week**

- ▶ The total driving time between the end of a daily rest period and the beginning of the following daily rest period, or between a daily and weekly rest period.

- ▶ Any period during which the driver is not engaged in driving and is not allowed to perform any other work related to their duties, and which is solely for rest.

- ▶ The total driving time between two weekly rest periods.

- ▶ The total driving time of two consecutive weekly driving times.

- ▶ A max of 9 hours, with 10 hours possible twice a week.

- ▶ Drive for 4.5 hours, then take at least a 45-minute break; it can be split into two sections, with the first section being at least 15 minutes and the second section at least 30 minutes.

- ▶ A max of 56 hrs between Monday, 00:00 and Sunday, 23:59.

- ▶ A max of 90 hrs, freely distributable, provided that the weekly driving time is not exceeded.

## Resting periods

### Definition:

Quiet time is any interrupted period of at least 3 hours in which the driver can freely dispose of his time.

**11 hours**

**3x per week  
9 hours possible**

**45 hours**

**reduction to  
24 hours possible**

**Daily rest period**

**Weekly rest period**

**Total rest period between two  
daily driving times**

**Total rest period between two  
weekly driving times**

- ▶ Within 24 hours after starting the journey, 11 continuous hours are required
- ▶ This can be reduced to 9 hours up to three times per week without compensation. If the daily rest period is split into two sections, the first section must be at least 3 hours and the second section at least 9 hours (for a total of 12 hours).
- ▶ In multi-driver operations (double staffing), a daily rest period of 9 hours must be taken within 30 hours after starting the journey.

- ▶ At least 45 continuous hours
- ▶ A reduction to 24 hours, regardless of location, is permitted if a weekly rest period of 45 hours has preceded and follows the reduced period.

The reduction of up to 21 hours must be compensated by the end of the third week. The reduced time must be added in one block to a daily rest period or to a weekly rest period of 45 hours.

### Proof requirement:

During inspections, the driver must, upon request, provide proof of the current day and the previous 28 calendar days worked as follows: driver card for the digital control device and/or printouts with handwritten records in case of driver card malfunctions or issues with the digital tachograph.